

## NEW MORNING AND AFTERNOON

### WOKSHOPS ADDED!

Registrations for this year's Annual Umbrella conference have come in very quickly. Some workshops filled in just over a week!

We have added two new morning workshops and three new afternoon workshops that we hope will be of interest to those who were not able to get into their workshop choices. One of them is a second workshop in the afternoon on Continuous Professional Learning from the College of Early Childhood Educators. It is the same as the morning workshop.

#### NEW MORNING SESSION WORKSHOPS: 9:30 – 11:30 A.M.

Please contact us as soon as possible to register for these choices.

If you have already registered and wish to change your registration choices, please contact the office at 416-686-9869 as soon as possible.

#### **M-15 THE ART OF LEADERSHIP**

Being an effective leader means inspiring others to want to follow and share in both your goals and visions; for your centre. Conflict arises when we are unable to communicate our visions with clarity. Whether you are a Supervisor, Director, or an RECE wanting to be promoted (or trying to learn how to get along with other co-workers in your class), you first need to be able to identify what type of leader you are, and what type of skills you may need in order to have people believe in you and want to follow you. Come learn more about yourself, the type of leader you are, and why things may or may not be working in your centre/classroom.

*Catherine Ciardulli RECE hosts a variety of positive discipline and curriculum workshops and speaks regularly at many Early Childhood Conferences.*

#### **M-16 INTRODUCTION TO EXECUTIVE FUNCTIONING AND EMOTION REGULATION**

This workshop provides participants with an understanding of the nature of executive functioning. Understanding executive function can help teachers better understand children's behaviour, learning capacities and emotional regulation skill sets.

##### **In this workshop you will:**

- Learn the 3 key components of Executive Function
- Understand Why Executive Function Skills are important
- Discover How to foster it in the classroom environment
- Leave with practical strategies to support the development of executive functioning skills and self-regulation in children

*Mary Stuart, E.C.E.D.H., RECE is the Director and founder of Childlife. She has been working with teachers and parents consulting, training and coaching for over 30 years and is dedicated to helping teachers find strategies that work so they can be inspired to activate a child's potential and bring out their best!*

## NEW AFTERNOON SESSION WORKSHOPS – 1:30 – 3:30

Please contact us as soon as possible to register for these choices.

If you have already registered and wish to change your registration choices, please contact the office at 416-686-9869 as soon as possible.

### **A-15 THE 123s OF INNER DISCIPLINE**

Misbehaviours arise when children are deficient in their social skills. There are 4 skills that children need to acquire in order to develop inner discipline, regulation and perseverance skills. When children have inner discipline, they are more cooperative and are more willing to follow the rules and routines. This workshop will identify those 4 skills and provide you with concrete examples as to how to foster these skills in children.

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### **A-16 STRESS BEHAVIOUR: SUPPORTING CHILDREN'S EMOTIONAL HEALTH**

According to the *Canadian Mental Health Association* 1 in 5 children have difficulty with self regulation; 2/3 will get help they need, 1/3 will not.

These children are probably the most challenging children in the classroom and their mental health issues make it difficult for them to self regulate and to focus on learning.

#### **FEELING UNDER THE WEATHER?**

If you have flu symptoms such as a fever, aches, tiredness and a cough, we ask that you do not attend the Umbrella conference to reduce the chance of infecting others. If an individual cannot attend the conference (for whatever reason, illness or other), there are no refunds after February 22, 2019, but you can send a substitute in your place.

### **A-16 (cont'd)**

In this workshop, we will explore new approaches to clearly understand what drives children's emotional outbursts and explore a variety of teaching strategies that will foster self regulation and self calming skills in the classroom.

This workshop is based on the work of Dr. Stuart Shanker: Calm Alert and Learning *Mary Stuart, E.C.E.D.H., RECE is the Director and founder of Childlife. She has been working with teachers and parents consulting, training and coaching for over 30 years and is dedicated to helping teachers find strategies that work so they can be inspired to activate a child's potential and bring out their best!*

### **A-17 ADDITIONAL WORKSHOP FROM THE COLLEGE OF EARLY CHILDHOOD EDUCATORS**

**Same as workshop M4**

#### **CONTINUOUS PROFESSIONAL LEARNING**

This session will provide key information and updates about the College of Early Childhood Educators, and incorporate discussion about the Code of Ethics and Standards of Practice and the mandatory Continuous Professional Learning program. You will be guided through the self-reflective and self-directed framework for continuous professional learning, become familiar with your requirements, and gain a better understanding of the CPL program. *College of Early Childhood Educators*

# REGISTRATION

2019 Umbrella Annual Conference  
Saturday, March 2, 2019  
720 Midland Ave., Scarborough  
(Midland Avenue & Danforth Road)



Name \_\_\_\_\_

I am a member of Umbrella     I am not a member of Umbrella

Member Centre Name \_\_\_\_\_

Address \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_ Phone # \_\_\_\_\_

email \_\_\_\_\_

### Conference Fee Schedule (Early Registration Prices)

Yes! I want to attend (lunch included all day only)

	Students	Members	Non-members
<input type="checkbox"/> Morning only*	\$65.00	\$100.00	\$125.00
<input type="checkbox"/> Afternoon only*	\$65.00	\$100.00	\$125.00
<input type="checkbox"/> All Day	\$95.00	\$140.00	\$180.00

Add \$10.00 if registering after February 22<sup>nd</sup>

Make cheques payable to:

Umbrella Central Day Care Services    **Total Enclosed \$** \_\_\_\_\_

*\*All day attendance cannot be shared between two people.*

### Workshop Selection

Please enter the workshop you want to attend by number, along with your second and third choice, should the workshop be filled. Workshop preferences cannot be guaranteed, but everything possible will be done to honour your choices. Workshops are filled on a first-come, first-serve basis.

**PLEASE** - No more than two registrations for the same workshop per centre.

Morning (9:30 - 11:30)    1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_

Afternoon (1:30 - 3:30)    1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_

Please make a note of this information for your own records.

### Mail your Registration Form today!

Please make cheques payable to **Umbrella Central Day Care Services.**

Mail this registration form with your fees to:

Umbrella Central Day Care Services  
1220 Kingston Road  
Scarborough, Ontario    M1N 1P3

For information e-mail  
[director@umbrelladaycare.com](mailto:director@umbrelladaycare.com)



### Registration Information

Registrations are processed on a first-come, first-serve basis. Register early to get the workshops of your choice and avoid disappointment.

Priority is given to fully-paid registrations. If a receipt is required, enclose a stamped, self-addressed envelope. **STUDENTS** - please provide Student Card or proof.

*\*All day attendance cannot be shared between two people.*

**CHILDREN ARE NOT PERMITTED AT THE CONFERENCE.**

### Become a member of Umbrella

Yes!

**I would like to join Umbrella, and receive a rebate on my conference fee.**

(Please enclose a full non-member conference registration fee. You will be credited against your Umbrella membership fees, pending approval.)

### \*LUNCH IS NOT INCLUDED IN HALF-DAY REGISTRATIONS.

If you are registering for half-day and wish to stay for lunch, please check the box to the right and include an additional \$10.00 in your registration.

### Register before February 23rd!

If you register after February 22, 2019 or at the door, pay \$10.00 extra.

### Cancellations

Conference registrations **ARE** transferable. If it becomes necessary to cancel your registration, please submit a written request to the Umbrella office by February 22, 2019 and include the name of the replacement person.

**No refunds will be issued after the February 22, 2019 deadline.**

### For Office Use Only

Date in \_\_\_\_\_ Fee \_\_\_\_\_ Init. \_\_\_\_\_

### Thank you for your registration!

Mark your calendar for March 2, 2019. We look forward to seeing you at Umbrella's 34<sup>th</sup> Annual Conference!

### Please Note

No confirmation of your registration will be sent. When you arrive at the Conference, check in at the registration desk where you will receive your registration package.

for your colleagues before filling this form out?

Should you make copies