



2019
Umbrella
Annual Conference

Saturday, March 2, 2019

**720 Midland Avenue
Scarborough, ON
(Midland Avenue & Danforth Road)**



Umbrella Central Day Care Services

www.umbrelladaycare.com

director@umbrelladaycare.com

Phone: 416 686 9869 | Fax: 416 686 9870



Breakfast Sponsor



Lunch Sponsor



Conference Sponsor



MORNING WORKSHOPS

9:30 a.m. - 11:30 a.m.

M-1 HAVING DIFFICULT CONVERSATIONS

This workshop is very popular and fills quickly. Register early! Difficult conversations are a necessary aspect of workplace development. These conversations can strengthen relationships and assist in personal and professional growth. Using proactive strategies will turn a challenging situation into a positive outcome. In this session participants will learn how to recognize when a difficult conversation should take place and apply effective communication techniques to influence others and improve interactions.

Tara Lew

M-2 SIMPLE SENSORY FUN

This funshop is an exploration of many of our senses. Simple materials will be transformed into effective and stimulating invitations and provocations for your children. Squishy and slimy materials, flashy and neon visuals, lively sounds, and body awareness perceptions of children will be explored in a fun and relaxed way. Insight into some fascinating sensory differences between children and adults will be discussed as well.

Alan Thomson

M-3 CHOOSING & USING CHILDREN'S BOOKS

Participants will have the opportunity to interact with a great collection of top quality children's books. We will review reading with children of different abilities, personalities and interests. How do we interest the reluctant child? How can we communicate with the quiet child? What are the features we should look for in books for beginning and struggling readers? (Ages 1– 7)

Dave Page

M-4 UNDERSTANDING THE CONTINUOUS PROFESSIONAL LEARNING PORTFOLIO

To begin, you will consider and discuss key concepts of professionalism, the Code and Standards 2017 and the Continuous Professional Learning program. You will be guided through the CPL Portfolio Cycle, which is designed to facilitate reflection, planning, and engagement in your professional learning. Learn about how other RE-CEs are enhancing their practice through the CPL program. Reflect on how you will engage in this new program and how RECEs can support each other in professional learning.

College of Early Childhood Educators

M-5 PLAY BASED INQUIRY. TAKING CHILDREN'S LEARNING TO THE NEXT LEVEL

Children are constantly learning by exploring and making meaning of their environment through play and inquiry. Play allows children to test their experiences, ideas and theories and extend their knowledge of what they already know. A child's inquiry supports the ongoing learning through their play and builds on the wonder of exploration. This session will take a look at the role of the educator in supporting children's inquiry by extending and enhancing their planned and spontaneous play. We will take closer look at the importance of the environment as the third teacher. Along with how to be engaged as a co-learner and adapt the environment to facilitate the individual needs and interests of the child.

Tasnim Bhujwala Mirasol

M-6 WORKING WITH CLAY

In this hands-on workshop you will learn techniques for working with clay and some simple projects that you can implement in your centres. You will also have the opportunity to experiment with these techniques and make a clay mask of your own design.

Paul Stewart

M-7 UNDERSTANDING ASD IN THE EARLY YEARS

It seems more likely than not that a child care will have the pleasure of working with a child with ASD. Since the diagnosis can mean so many different things for each individual child, this workshop can help to demystify some common myths about ASD, while helping staff understand how a few simple adaptations can make the world of difference in a young person's life. This workshop provides information about what an Autism Spectrum Disorder is, and how staff can create an inclusive and supportive environment for children with ASD in their child care settings. Topics will include:

- What is ASD?
- What are the diagnostic criteria?
- What are the core deficits of ASD?
- Considering the spectrum of abilities and challenges
- Supportive strategies for the early years environment
- Including the family perspective
- Community resources

Through group activities, informal discussion, and reflection on staff's personal work environment, participants will be encouraged to look at ASD in a new and inclusive way.

Andrea Seater

CONFERENCE LOCATION

720 Midland Avenue
Scarborough, Ontario
See map on page 7

MORNING WORKSHOPS (cont'd)

9:30 a.m. - 11:30 a.m.

M-8 HOW DOES LEARNING HAPPEN IN THE EARLY YEARS? BRINGING THE FOUR FOUNDATIONS TO LIFE

This fun, interactive and engaging workshop will help educators think and reflect about environments which provide high-quality experiences for children and families, foster the kinds of relationships within a program that best promote children's learning development, health, and well-being and support program staff in their work with children and families. Topics include: The Four Foundations of How Does Learning Happen?, the Early Years Curriculum, Pedagogical Documentation, Play, Loose Parts, and more. (Ages 0-5)

Jill Javelosa-Alvarez RECE

M-9 HOW TO NAVIGATE THROUGH CHILDREN'S EMOTIONAL OUTBURSTS

This workshop filled quickly last year so we have brought it back again this year!

Children are chaotic by nature but most problem behaviour is emotionally based. Our job as educators is to use a way of being with them that promotes emotionally healthy environments. The most critical and fundamental urgent subject matter facing childhood development today is the relationship between emotions and brain development. Emotional development practices are the key component to curbing emotional outbursts for children. In this workshop, you will:

- Learn what causes emotional outbursts for every child
- Understand how to unhook children from the emotional flooding
- Instil greater creative and collaborative teaching practices that will enhance your energy levels and not deplete you.

Joanne Del Core

M-10 INTERPRETING AND RESPONDING TO CHILDREN'S ART WORK

This workshop will explore strategies to encourage children's creativity through developmentally appropriate art experiences. Participants will review the differences between process- and product-focused arts. The stages of artistic development will be emphasized as a way to create curriculum that celebrates children's holistic development and uniqueness. Participants will explore the elements of art as a way to respond to children's creative expressions and as a way to connect more deeply with children while extending vocabulary. At the end of the workshop the participant will be able to identify the artistic stages of art, utilize the elements of art to deepen responses to children's art, and identify art experiences that are process based.

Christine Zupo

M-11 A TASTE OF COLOUR: UNDERSTANDING TEMPERAMENTS AND COMMUNICATING EFFECTIVELY WITH OTHERS

More than in many other professions, those in the ECE field need to understand and communicate effectively with others - parents, teachers, directors, board members, children and a myriad of others. This interactive workshop will help improve your communication with emphasis on practical skills that can be used in a variety of communication situations. Discover what predominant temperament you are - Organized Gold, Resourceful Orange, Inquiring Green or Authentic Blue and how to communicate more effectively with those whose predominant temperament is different from your own. At the end of this workshop participants will be able to:

- Recognize how conflict develops within relationships
- Diagnose the conflict situation
- Plan an effective strategy to deal with the conflict
- Understand your conflict style & how it impacts on situations
- Use appropriate strategies to resolve conflict in a one on one relationship

Dr. Susan Geary

M-12 RAINBOW FAMILIES: VISIBILITY IN THE EARLY YEARS

As early childhood educators, we value providing a safe and nurturing learning environment for all children. However, even the most well-intentioned educator might struggle with how to approach LGBTQ (lesbian, gay, bisexual, transgender, queer/questioning) families and topics in the classroom. This interactive workshop is designed to build the confidence and comfort level of educators seeking to create a more inclusive classroom. We will cover topics such as our early beliefs and how they impact us, appropriate and current terminology and how to creatively use family diversity resources to plant seeds of acceptance.

Shelley Secrett RECE

FEATURES



28 workshops to choose from!

Networking Opportunities

Exhibits

Door Prizes

Childcare Resources

.... and much more!

MORNING WORKSHOPS (cont'd)

9:30 a.m. - 11:30 a.m.

M-13 SUPPORTING THE DEVELOPMENT OF SELF-REGULATION

Self-regulation is a hot topic these days and many educators despair of children's inability to develop self-regulation successfully. However, understanding how children acquire skills that contribute to the development of self-regulation helps us to understand the children's social and emotional development and to plan our programs to promote this skill building. When we look at individual components, then we are able to discuss how programs support the development of those components. This workshop involves identifying how we are feeling, communicating that and exploring different ways of expressing our feelings and ultimately controlling feelings in a positive way.

Sally Kotsopoulos

M-14 MOTIVATING YOURSELF TO STAY POSITIVE, FOCUSED AND PRODUCTIVE!

This uplifting and inspiring seminar will lift you up and re-inspire you to see your work in a new and refreshed way. It is said that the purpose of life is to have a life of purpose and if you embrace your purpose, you will find a path to the best that your career can offer you. You will discover the power of self-motivation, the three amazing habits of motivated people, where happiness lives, and how motivated people stay focused and energized!

Michael Lewis

New Workshops Added! * See the last 2 pages

CONFERENCE LOCATION

See page 7

Afternoon workshops next page

Registration Information

Conference location is 720 Midland Avenue, Scarborough. (See page 8 for details.)

Registrations are processed on a first-come, first-serve basis.

No more than two registrations for the same workshop per centre please.

Early Bird Special ends February 22, 2019.

Lunch is NOT included in half-day registrations.

REGISTER EARLY to get the workshops of your choice and avoid disappointment.

Priority is given to fully-paid registrations. If a receipt is required, enclose a stamped, self-addressed envelope.

Payment by VISA and Mastercard is accepted. To ensure confidentiality, please call Umbrella at 416-686-9869 to register by VISA or Mastercard.

Please use one form for each person.

All day attendance cannot be shared between two people.

No confirmation of your registration will be sent. When you arrive at the Conference, check in at the registration desk to receive your registration package.

Registrations ARE transferable. If you must cancel your registration, submit a written request to Umbrella by February 22, 2019 and include the name of the replacement person.

Non-attendance does not constitute cancellation.

Children are not permitted at the Conference.

No refunds will be issued after the February 22, 2019 deadline.



AFTERNOON WORKSHOPS

1:30 p.m. - 3:30 p.m.

A-1 COMPASSION FATIGUE

This workshop filled very quickly last year. Register early!
Compassion Fatigue (CF) is known as the cost of caring. First diagnosed in the 1950's in the nursing profession, CF is experienced by people in various professions where the primary responsibilities are to care for and nurture others. While working in childcare is a very rewarding profession, it can also be stressful due to work environments and heavy workloads. As such, Supervisors and Early Childhood Educators are susceptible to CF. Participants will analyze triggers and symptoms associated with intense situations and focus on creating strategies to reduce the effects of CF and maintain a healthy work life balance.

Tara Lew

A-2 STEM/STEAM, Making, and Tinkering.

This workshop filled quickly at the Umbrella School Age Conference - Register early!

This presentation will explore and give an overview of these growing curriculums for children and students of all ages. The STEM/STEAM movement has been in the forefront of education for children of all ages in the U.S. for over two decades, and it is becoming more prominent in other countries. Makerspaces and Tinkering areas are starting to be implemented in schools and childcare centres. These approaches and learning environments support emerging curriculum and inquiry based learning, and they also support the foundations and core principles of How Does Learning Happen and the ELECT framework. Through hands-on activities and discussion we will examine how these trending approaches can enhance the creativity and curiosity of children in your programs.

Alan Thomson

A-3 OFF-DUTY CONDUCT AND THE IMPACT OF RECREATIONAL MARIJUANA LEGISLATION IN THE WORKPLACE

On October 17, 2018 the recreational use of marijuana became legal in Canada. This interactive seminar will discuss;

- Changes to legislation
- The impact on your workplace
- Drug & Alcohol Policy
- Fit for Duty
- Off Duty Conduct Policy
- What to do when an employee comes to work impaired
- Training and employee awareness

Joy Lerman

A-4 SENSATIONAL CIRCLES FROM LANGUAGE TO LITERACY

In this workshop, we will examine the qualities that help to make a dynamic and fun Circle Time rich in language and literacy. We will practice songs and rhymes and identify ideal opportunities for the use of props and movement. We will discuss how to respond to the reluctant child, and we will also share transition songs that will help to define the program's routines. We will also examine how to include the use of top quality children's books within the Circle. (Ages 1 - 5 years)

Dave Page

A-5 THE POWER OF PHOTO DOCUMENTATION - BOOK MAKING

This workshop focuses on how to use photo documentation for a variety of purposes. Areas that will be explored include:

- Book making
- How to prepare a learning story and documentation panel
- Photo documentation as a planning and assessment tool
- Connections to ELECT
- Documentation in the classroom

We will discuss the importance of purposeful documentation and explore a variety of examples of photo documentation in a number of educational settings. A large portion of this workshop will focus on the benefits of bookmaking with children.

Caitlin Paterson RECE

A-6 LEARNING ABOUT INDIGENOUS WAYS OF KNOWING AND BEING

Come together to learn about and discuss how Indigenous Ways of Knowing and Being can be integrated into your program and will support your practice with children and families in your program.

Michael Carlson

CONFERENCE SCHEDULE Saturday, March 2, 2019

- 8:30 Registration, refreshments
- 9:15 Announcements in the Cafeteria
- 9:30 *Morning Workshops*
- 11:30 First Lunch
- 12:30 Second Lunch
- 1:30 *Afternoon Workshops*
- 3:30 Umbrella Annual General Meeting

More workshops next page

AFTERNOON WORKSHOPS (cont'd)

1:30 p.m. - 3:30 p.m.

A-7 INQUIRY PLAY-BASED PROGRAM

This workshop will help you to understand what Inquiry is in the context of programs for infants, toddlers and preschoolers and how to ensure that programs foster children's desire to explore and learn about the world around them. We focus on developing our programs to inspire children's awe and wonder with their world. Adding interesting elements to engage children and encouraging children's discussions about their hypotheses of the "WHY" of things. This workshop will include many hands on opportunities as well as a chance to go through the development of program ideas with the different age groups.

Sally Kotsopoulos

A-8 BEHAVE YOURSELF!

This interactive, informative and engaging workshop combines the scientific theory of behaviour with a realistic understanding about every day relationships in a child care setting. Staff will be encouraged to look at behaviour in a new way and go back to centre with a number of tools to address behaviour. The workshop will cover:

- What is behaviour and why do behaviours happen?
- The ABC's of behaviour
- How to respond to inappropriate/interfering behaviours (Responding)
- How to increase and reinforce the positive and prosocial behaviours (Replacing)
- Tips/Tools for teaching new behaviours (Reinforcing)
- Maintaining your progress: family, child and colleagues working together as a team.

When we know that when kids 'behave', they are trying to tell us something, we can move forward in creating a positive and supportive environment for everyone.

Andrea Seater

FEELING UNDER THE WEATHER?

If you have flu symptoms such as a fever, aches, tiredness and a cough, we ask that you do not attend the Umbrella conference to reduce the chance of infecting others. If an individual cannot attend the conference (for whatever reason, illness or other), there are no refunds after February 22, 2019, but you can send a substitute in your place.

A-9 CHILDREN AND ANXIETY

How to nurture anxious kids in the classroom without disturbing everyone else's learning.

This workshop filled quickly last year so we have brought it back!

Anxiety has become the central subject in many children's lives and with mental health becoming a number one concern, it has become a big nut for many ECE's to attempt to crack. Only 1 in 5 children in Canada who need mental health services ever receives professional help. As educators, we have a unique position to influence and nurture emotionally healthy practices in our classrooms and greatly curb this statistic. In this workshop you will:

- Learn about what anxiety is and how to manage it effectively when it presents itself
- Understand the critical role that emotions play in early childhood development
- Build the confidence to manage the emotional world with children
- Create the building blocks for an emotionally healthy learning environment
- Establish and sustain well-being in your school community.

Joanne Del Core

A-10 A LEADER'S GUIDE TO ENDING GOSSIP AND ADDRESSING TOXIC CONVERSATIONS IN YOUR WORKPLACE!

This workshop identifies how and why gossip and toxic conversations has become a negative, distracting and unproductive behaviour in today's workplace and how to productively address / end this behaviour and reshape your culture into one that is based on total respect. Equip yourself with a plan and the tools to address and resolve these behaviours and have better workplace relationships.

Michael Lewis

and revitalizing and renewing your passion for your career. It is filled with group and partner exercises along with learning and sharing moments. It's for the child care professional who needs a shot of encouragement and a real opportunity for self-empowerment.

Michael Lewis



**Please arrive
on time for
your
workshop.
Thank you!**

CONTACT US: Umbrella Central Day Care Services Inc.
1220 Kingston Road
Scarborough, Ontario M1N 1P3

Phone: 416-686-9869
Fax: 416-686-9870
Website: www.umbrelladaycare.com
Email: director@umbrelladaycare.com

AFTERNOON WORKSHOPS (cont'd)

1:30 p.m. - 3:30 p.m.

A-11 MANDALAS: PATHWAYS TO PEACEFULNESS

Mandalas, which simply mean “circles” in ancient Sanskrit, are timeless and cross-cultural tools for peacefulness, self-awareness and belonging. In this workshop, you will learn the origins of and benefits of mandalas, along with creative ideas about how to incorporate their beauty and meaning into early learning environments and curriculum. Many educators have found them to be a valuable curriculum tool for creating calming rituals and moments of peacefulness for children, increasing focus and promoting mental health and wellness. By setting collective intentions, participants will create collaborative mandala art pieces using a variety of materials. In small groups, we will also use the *How Does Learning Happen* document to discuss how mandala activities directly relate to our work in promoting belonging, well-being, engagement and expression. You will open your mind to new ideas and leave the workshop able to transfer this new knowledge, meaningfully and directly, into your professional and personal lives.

Shelley Secrett

A-12 FOSTERING FAMILY ENGAGEMENT How to make the most out of those 62 seconds.

Research has shown that the average time a parent spends at drop off and pick up is 62 seconds. This session, through conversation and reflective practices will look at how to make the most of those 62 seconds. Participants will look at the successes and struggles of parent involvement and will walk away with strategies and ideas to support the family's sense of belonging and well-being.

Tasnim Bhujwalla Mirasol

A-13 BUILD A CHILD'S BRAIN: READ, RHYME, SING AND PLAY

Emergent literacy is the child's growing awareness of oral and written language built on the foundation of nurturing relationships. This a fun and interactive workshop for early learning professionals who are looking for ways to support a child's language and literacy development. Research says that the first five years last a lifetime. This workshop provides practical tips and tools on how to enhance early brain development in young children (0-5 years old) within the context of a warm and responsive environment.

Jill Javelosa-Alvarez RECE

A-14 CONFLICT MANAGEMENT SKILLS

While those in the ECE field are experts at communicating with different people, conflict is still inevitable, and we need a variety of tools in our conflict management tool kit to manage these situations. In this session you will learn the skills and techniques for managing conflict effectively. You will learn how to analyze each conflict situation and apply different conflict management techniques to handle each person and situation effectively. You will learn which conflict management styles you currently use and which you need to develop.

Dr. Susan Geary

**New Workshops Added!
See the last 2 pages**

**CONFERENCE
LOCATION**

**720 Midland Avenue
Scarborough, Ontario**

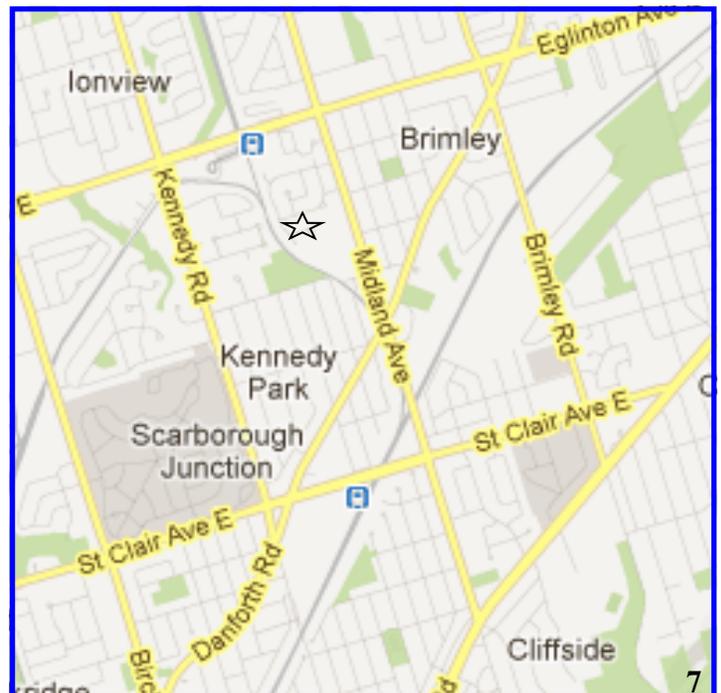
**Main intersections:
Midland Avenue and Danforth Road.**

**Parking at the school is limited - arrive early to ensure
a spot or take transit!!!**

**TTC (416-393-4636). From the Kennedy
Subway Station, take the Cliffside 20 bus to Midland
Avenue and Verdun.**

WORKSHOP CERTIFICATES

**When you attend the conference you will receive a
certificate of participation. Each certificate will
have the amount of workshop hours on it to help
you track your professional development hours.**



Speaker Information

Tasnim Bhujwala Mirasol, BA, RECE, RT, has been in the Early Childhood Education sector for over 20 years. Currently she is with the City of Toronto's Quality and Capacity Building Team working with various Early Childhood Professionals through the lens of the Assessment for Quality Improvement (AQI) and various early learning pedagogies.

Michael Carlson is a teacher at the Toronto District School Board working at the Urban Indigenous Education Centre supporting Indigenous youth from grades 9 to 12. His Indigenous ancestry comes from the west coast where he is mixed Interior Salish and connected to the Osoyoos Indian Band.

Joanne Del Core is an Emotional Intelligence Strategist who works in many capacities with educators and children to create and sustain emotionally healthy environments for children.

Dr. Susan Geary has over 20 years experience as a trainer, coach, consultant and corporate education manager. She has facilitated workshops in communication, influence, conflict management, supervision, teambuilding and coaching skills and has worked extensively with many child care organizations.

Sally Kotsopoulos RECE, M.Ed. offers professional development on current topics in the ECE profession, specializing in behaviour, inclusion, Play, Inquiry and management and How Does Learning Happen and our current Ontario documents. She was manager of the Lab School at Ryerson University and Humber College as well as being coordinator and faculty in the ECE program at Humber College.

Jill Javelosa-Alvarez RECE currently works as an Early Literacy Specialist in York Region and has been nominated in the Educator of Character 2015 Category by the York Region Community Character Foundation. She is actively involved in mentoring children and youth.

Joy Lerman is a facilitator/trainer providing solutions in managing child care organizations. Joy's workshops are creative, dynamic, and energetic.

Tara Lew designed and delivered first and second level courses in the ECR Programs at Centennial, Sheridan and Humber College. Her extensive background in the ECE field enables her to share stories and provide relevant examples of her work with staff, families and young children.

Michael Lewis is managing director of Michael Lewis Training, Motivation and Development, a London, Ontario based training firm specializing in personal and professional development workshops.

Dave Page has worked in the field of Early Childhood education for over twenty years. For over a decade, Dave headed the Family Literacy programs at Frontier College and was an Early Literacy Specialist at Macaulay Child Development Centre, delivering workshops and programs for several years.

Caitlin Paterson RECE has been an RECE for nearly 20 years. She spent the first 6 years of her ECE career working as part of the pilot project for full day kindergarten. When she is not working in her FDK classroom, she spends her time presenting workshops and conferences across the GTA.

Andrea Seater RECE has been working with individuals with Autism and Developmental Disabilities for over 20 years. She has run recreational and respite programs, supervised staff and volunteers, facilitated professional development and parent education, and currently supports families in the home as an early interventionist.

Shelley Secrett RECE is very involved in Waterloo Region's vibrant LGBTQ community by hosting fundraisers, raising awareness and empowering people to be who they are. As an RECE, Shelley believes that all children need to see a reflection of themselves and their families in our early childhood programs and that one small action towards accepting and celebrating our differences leads to another.

Paul Stewart has been an arts educator for twenty years and has delivered hundreds of workshops in dozens of schools, community centres, health centres, libraries and his own studio. In the past 7 years he has become active in facilitating community arts projects with a number of groups, primarily in community health care centres and libraries.

Alan Thomson has worked in school age child care for almost 30 years. He has presented numerous programming based funshops over the last 10 years where he shares activities that are fun for both the children and staff, and they are low cost and easy to adapt to spaces and environments that are shared or have limitations.

Christine Zupo is a professor at Humber College and the University of Guelph-Humber in the Early Childhood diploma/degree programs. Christine brings over 25 years of experience working with young children and families in a variety of settings.

Door Prizes

Draws will be held during lunch for prizes generously donated by suppliers to the child care community. Your lunch ticket may have a winning number!



Visit and chat with exhibitors from the child care field. They will be there to show you the latest in child care products and services!

NEW MORNING AND AFTERNOON

WOKSHOPS ADDED!

Registrations for this year's Annual Umbrella conference have come in very quickly. Some workshops filled in just over a week!

We have added two new morning workshops and three new afternoon workshops that we hope will be of interest to those who were not able to get into their workshop choices. One of them is a second workshop in the afternoon on Continuous Professional Learning from the College of Early Childhood Educators. It is the same as the morning workshop.

NEW MORNING SESSION WORKSHOPS: 9:30 – 11:30 A.M.

Please contact us as soon as possible to register for these choices.

If you have already registered and wish to change your registration choices, please contact the office at 416-686-9869 as soon as possible.

M-15 THE ART OF LEADERSHIP

Being an effective leader means inspiring others to want to follow and share in both your goals and visions; for your centre. Conflict arises when we are unable to communicate our visions with clarity. Whether you are a Supervisor, Director, or an RECE wanting to be promoted (or trying to learn how to get along with other co-workers in your class), you first need to be able to identify what type of leader you are, and what type of skills you may need in order to have people believe in you and want to follow you. Come learn more about yourself, the type of leader you are, and why things may or may not be working in your centre/classroom.

Catherine Ciardulli RECE hosts a variety of positive discipline and curriculum workshops and speaks regularly at many Early Childhood Conferences.

M-16 INTRODUCTION TO EXECUTIVE FUNCTIONING AND EMOTION REGULATION

This workshop provides participants with an understanding of the nature of executive functioning. Understanding executive function can help teachers better understand children's behaviour, learning capacities and emotional regulation skill sets.

In this workshop you will:

- Learn the 3 key components of Executive Function
- Understand Why Executive Function Skills are important
- Discover How to foster it in the classroom environment
- Leave with practical strategies to support the development of executive functioning skills and self-regulation in children

Mary Stuart, E.C.E.D.H., RECE is the Director and founder of Childlife. She has been working with teachers and parents consulting, training and coaching for over 30 years and is dedicated to helping teachers find strategies that work so they can be inspired to activate a child's potential and bring out their best!

NEW AFTERNOON SESSION WORKSHOPS – 1:30 – 3:30

Please contact us as soon as possible to register for these choices.

If you have already registered and wish to change your registration choices, please contact the office at 416-686-9869 as soon as possible.

A-15 THE 123s OF INNER DISCIPLINE

Misbehaviours arise when children are deficient in their social skills. There are 4 skills that children need to acquire in order to develop inner discipline, regulation and perseverance skills. When children have inner discipline, they are more cooperative and are more willing to follow the rules and routines. This workshop will identify those 4 skills and provide you with concrete examples as to how to foster these skills in children.

Catherine Ciardulli RECE hosts a variety of positive discipline and curriculum workshops and speaks regularly at many Early Childhood Conferences.

A-16 STRESS BEHAVIOUR: SUPPORTING CHILDREN'S EMOTIONAL HEALTH

According to the *Canadian Mental Health Association* 1 in 5 children have difficulty with self regulation; 2/3 will get help they need, 1/3 will not.

These children are probably the most challenging children in the classroom and their mental health issues make it difficult for them to self regulate and to focus on learning.

FEELING UNDER THE WEATHER?

If you have flu symptoms such as a fever, aches, tiredness and a cough, we ask that you do not attend the Umbrella conference to reduce the chance of infecting others. If an individual cannot attend the conference (for whatever reason, illness or other), there are no refunds after February 22, 2019, but you can send a substitute in your place.

A-16 (cont'd)

In this workshop, we will explore new approaches to clearly understand what drives children's emotional outbursts and explore a variety of teaching strategies that will foster self regulation and self calming skills in the classroom.

This workshop is based on the work of Dr. Stuart Shanker: Calm Alert and Learning *Mary Stuart, E.C.E.D.H., RECE is the Director and founder of Childlife. She has been working with teachers and parents consulting, training and coaching for over 30 years and is dedicated to helping teachers find strategies that work so they can be inspired to activate a child's potential and bring out their best!*

A-17 ADDITIONAL WORKSHOP FROM THE COLLEGE OF EARLY CHILDHOOD EDUCATORS

Same as workshop M4

CONTINUOUS PROFESSIONAL LEARNING

This session will provide key information and updates about the College of Early Childhood Educators, and incorporate discussion about the Code of Ethics and Standards of Practice and the mandatory Continuous Professional Learning program. You will be guided through the self-reflective and self-directed framework for continuous professional learning, become familiar with your requirements, and gain a better understanding of the CPL program. *College of Early Childhood Educators*

REGISTRATION

2019 Umbrella Annual Conference
Saturday, March 2, 2019
720 Midland Ave., Scarborough
(Midland Avenue & Danforth Road)



Registration Information

Registrations are processed on a first-come, first-serve basis. Register early to get the workshops of your choice and avoid disappointment.

Priority is given to fully-paid registrations. If a receipt is required, enclose a stamped, self-addressed envelope. **STUDENTS** - please provide Student Card or proof.

**All day attendance cannot be shared between two people.*

CHILDREN ARE NOT PERMITTED AT THE CONFERENCE.

Become a member of Umbrella

Yes!

I would like to join Umbrella, and receive a rebate on my conference fee.

(Please enclose a full non-member conference registration fee. You will be credited against your Umbrella membership fees, pending approval.)

*LUNCH IS NOT INCLUDED IN HALF-DAY REGISTRATIONS.

If you are registering for half-day and wish to stay for lunch, please check the box to the right and include an additional \$10.00 in your registration.

Register before February 23rd!

If you register after February 22, 2019 or at the door, pay \$10.00 extra.

Cancellations

Conference registrations **ARE** transferable. If it becomes necessary to cancel your registration, please submit a written request to the Umbrella office by February 22, 2019 and include the name of the replacement person.

No refunds will be issued after the February 22, 2019 deadline.

For Office Use Only

Date in _____ Fee _____ Init. _____

for your colleagues before filling this form out?

Name _____

I am a member of Umbrella I am not a member of Umbrella

Member Centre Name _____

Address _____

Address _____

Postal Code _____ Phone # _____

email _____

Conference Fee Schedule (Early Registration Prices)

Yes! I want to attend (lunch included all day only)

	Students	Members	Non-members
<input type="checkbox"/> Morning only*	\$65.00	\$100.00	\$125.00
<input type="checkbox"/> Afternoon only*	\$65.00	\$100.00	\$125.00
<input type="checkbox"/> All Day	\$95.00	\$140.00	\$180.00

Add \$10.00 if registering after February 22nd

Make cheques payable to:

Umbrella Central Day Care Services **Total Enclosed \$** _____

**All day attendance cannot be shared between two people.*

Workshop Selection

Please enter the workshop you want to attend by number, along with your second and third choice, should the workshop be filled. Workshop preferences cannot be guaranteed, but everything possible will be done to honour your choices. Workshops are filled on a first-come, first-serve basis.

PLEASE - No more than two registrations for the same workshop per centre.

Morning (9:30 - 11:30) 1st _____ 2nd _____ 3rd _____

Afternoon (1:30 - 3:30) 1st _____ 2nd _____ 3rd _____

Please make a note of this information for your own records.

Should you make copies

Mail your Registration Form today!

Please make cheques payable to **Umbrella Central Day Care Services.**

Mail this registration form with your fees to:

Umbrella Central Day Care Services
1220 Kingston Road
Scarborough, Ontario M1N 1P3

For information e-mail
director@umbrelladaycare.com



Thank you for your registration!

Mark your calendar for March 2, 2019. We look forward to seeing you at Umbrella's 34th Annual Conference!

Please Note

No confirmation of your registration will be sent. When you arrive at the Conference, check in at the registration desk where you will receive your registration package.