

We have added 3 new workshops to the 2024 Annual Umbrella Conference. See below for workshop details.

NEW MORNING WORKSHOP

WORKSHOP M-11 - BECALMING THE BEHAVIOUR BEAST

This workshop will explore behaviour in the preschool population and how and why behaviour surfaces in this age group. It will highlight what teachers are noticing post-pandemic and the impact behaviour has on a child's overall development, the implications on learning, socializing, and a child's ability to navigate their world successfully and safely. The workshop will provide practical strategies to understand and support children with more extreme social, emotional and behavioural challenges, as well as hands on activities and resources to embed directly into program plans that will create an optimal environment for learning and success.

Amanda Boyd, B.A., C.Y.C. CTP, is a Certified Trauma Counsellor, Child and Youth Counsellor and a specialist in the field of children's mental health. She currently serves as a Resource Consultant with Every Child Belongs and has a private consultation practice.

NEW AFTERNOON WORKSHOPS

WORKSHOP A-11 - MENTAL HEALTH MATTERS: YOUR GUIDE TO SELF- CARE AND SUPPORT

Dive into a supportive and interactive workshop dedicated to the mental health of educators! Mental Health Matters provides ECE's with essential tools and resources for self-care and support. Through interactive discussions, role-playing scenarios, and self-reflection activities, participants will explore strategies to prioritize their mental well-being while supporting their students. Expect movement, group activities, and valuable insights that will empower you to prioritize mental health in your early childhood journey!

Miguel Martinez is President of MTClife Inc., a life/business coaching company. Miguel is passionate about instilling soft skills at an early age. He has worked with the First Nations to bring active programs to their schools, and has provided workshops for multiple school boards in Ontario. Miguel has found Passion & Purpose through Dance, Laughter, and Music - which now serve as cornerstones to MTClife Inc.

WORKSHOP A-12 - HOPE IN A HARSH WORLD – SUPPORTING BEHAVIOUR IN THE SCHOOL AGE POPULATION

Post pandemic, our school agers are struggling more and more with their ability to regulate and manage their behaviour. If left unsupported, lags in development become noticeable: severely impacting learning, socializing and emotional regulation. This workshop explores the vital importance of understanding the underlying functions of behaviour and will outline the common red flags at various developmental periods and symptoms, resulting in the behavioural presentations we see when a child gets older. A nine-step technique will be taught when a child is escalated to support them, as well as hands on strategies and how to implement protective factors are shared that can support a child on an individual, program and Centre-wide level.

Amanda Boyd

IF YOU HAVE ALREADY REGISTERED AND WISH TO CHANGE ONE OF YOUR CHOICES TO ONE OF THE NEW WORKSHOPS, JUST LET US KNOW.

EMAIL director@umbrelladaycare.com

FAX: **416-686-9870**